



MENTAL HEALTH & SUBSTANCE USE COMMUNITY CONVERSATION

Mental illness and substance use strike early. Half of all mental health issues start by age 14, and 75 percent by age 24. The good news is that recovery is possible. Learn how to recognize the warning signs, what actions to take, and what resources are available. Find out how you can get involved. It could save a life.

Join Our Community Conversations on Teen and Young Adult Mental Health

Presented by The Center for Health Care Services

MARCH 7, 2017

12:30-1:30 PM and 6-8 PM
OUR LADY OF THE LAKE UNIVERSITY
PROVIDENCE HALL, WEST SOCIAL ROOM
411 SW 24TH STREET
SAN ANTONIO, TEXAS 78207

Registration is free, open to all, and encouraged but not required.

Light refreshments will be served.

Register today at:

12:30-1:30 PM session: <http://sanantoniocafternoon.eventbrite.com>

6-8 PM session: <http://sanantiocevening.eventbrite.com>

QUESTIONS?

Contact:

Rachel Halvaksz
rhalvaksz@chcsbc.org
(210) 261-1012

